



# RA STAFF FAVORITE THINGS

**NAME:** Robin Helms

**GRADE/POSITION:** Director of Operations

**LOCATION:** Lower School

**BIRTHDAY:** 5/10/1970

**SHIRT SIZE:** M

**ALLERGIES/DIETARY RESTRICTIONS:** Gluten/Dairy

## YOUR FAVORITES:

**COLLEGE OR SPORTS TEAM:** Florida Gators

**COLOR:** Purple/Hot pink

**SALTY SNACK:** Salted cashews/pecans/macadamia nuts

**FRUIT:** Mangoes, watermelon

**CANDY OR CANDY BAR:** Dark chocolate

**GUM FLAVOR:** Pur

**DRINK:** Vitamin water zero sugar. Any flavor

**COFFEE HOUSE DRINK:** None

**COOKIE:** none

**DESSERT:** Maxie B's GF pumpkin chocolate chip cupcake (or any GF flavor)

**TAKE OUT RESTAURANT:** Taco mama

**SIT DOWN RESTAURANT:** Taco mama

**BOOKSTORE:** Amazon

**FLOWER/PLANT:** Stargazer Lily

**SCENT:** Jasmine or gardenia

**NAIL SALON:** Polished

**HOBBIES:** Swim, bike, run

**"NO THANK YOU'S":** Lotions with chemicals

**GIFT CARD LOCATIONS:** Taco mama, Amazon, Visa

**YOUR TOP CLASSROOM SUPPLY WISHES:** Cute desk pen holders

**WHAT CAN YOUR CLASSROOM PARENTS DO TO HELP YOU THE MOST?** None



# RA STAFF FAVORITE THINGS

**NAME:** Erin Chicka

**GRADE/POSITION:** Director of Student Services

**LOCATION:** Both

**BIRTHDAY:** 6/3/1983

**SHIRT SIZE:** XL

**ALLERGIES/DIETARY RESTRICTIONS:** Shellfish

## YOUR FAVORITES:

**COLLEGE OR SPORTS TEAM:** university of virginia, Liberty university

**COLOR:** Navy, hot pink, orange, kelly green

**SALTY SNACK:** Blue Sun Chips, Almonds or Cashews

**FRUIT:** watermelon, grapes, pineapple

**CANDY OR CANDY BAR:** Take 5, Baby Ruth, Dark Choc with caramel

**GUM FLAVOR:** Mint- Mentos or Extra

**DRINK:** Diet Dr. Pepper or Diet Coke

**COFFEE HOUSE DRINK:** None

**COOKIE:** Chocolate Chip or Snickerdoodle

**DESSERT:** Cheesecake or strawberry shortcake

**TAKE OUT RESTAURANT:** Rio, Jersey Mikes, CFA, Cava

**SIT DOWN RESTAURANT:** Cin Cin Burger Bar, Steak Houses

**BOOKSTORE:** Amazon

**FLOWER/PLANT:** Green Leafy plants, gerber Daisy's and wildflowers

**SCENT:** Clean, eucalyptus, citrus

**NAIL SALON:** La Nails Oak ridge

**HOBBIES:** Family, college sports and the beach

**"NO THANK YOU'S":** Coffee mugs, candles, decorative small signs

**GIFT CARD LOCATIONS:** La Nails, Amazon, Jcrew, Homegoods

**YOUR TOP CLASSROOM SUPPLY WISHES:**

[https://www.amazon.com/hz/wishlist/ls/11L2P5G3B2QKQ?ref\\_=wl\\_share](https://www.amazon.com/hz/wishlist/ls/11L2P5G3B2QKQ?ref_=wl_share)

**WHAT CAN YOUR CLASSROOM PARENTS DO TO HELP YOU THE MOST?** Positive Attitude, Patience and volunteer - THANK YOU PTO!



# RA STAFF FAVORITE THINGS

**NAME:** Lynn Price

**GRADE/POSITION:** Instructional Coach grades 5-9

**LOCATION:** Both

**BIRTHDAY:** 6/14/1962

**SHIRT SIZE:** XL

**ALLERGIES/DIETARY RESTRICTIONS:** None

## YOUR FAVORITES:

**COLLEGE OR SPORTS TEAM:** App State

**COLOR:** Pinks, blues, soft earth tones

**SALTY SNACK:** Cashews, peanut butter crackers

**FRUIT:** Tangerines, sour apples

**CANDY OR CANDY BAR:** Almond joy, Haribo bears

**GUM FLAVOR:** Peppermint

**DRINK:** Coffee or tea

**COFFEE HOUSE DRINK:** Iced coffee with cream or anything with cinnamon

**COOKIE:** Anything with nuts

**DESSERT:** Red velvet cake and cheese cake

**TAKE OUT RESTAURANT:** Rio Grande,, uptown Charlie's, Chick-fil-A

**SIT DOWN RESTAURANT:** Green valley Grill, lucky 32, Any Italian restaurant

**BOOKSTORE:** Barnes and Noble

**FLOWER/PLANT:** Gerber Daisy, roses, really any fresh cut flower

**SCENT:** Nothing fruity or sweet; earthy or spice aromas are my favorites

**NAIL SALON:** Polished,

**HOBBIES:** Music/piano and vocal; cooking and baking; Bible Study, repurposing furniture pieces

**"NO THANK YOU'S":** Coffee cups, Hershey's chocolate,

**GIFT CARD LOCATIONS:** Target, visa gift cards, Jjill

**YOUR TOP CLASSROOM SUPPLY WISHES:** Bic Flair pens

**WHAT CAN YOUR CLASSROOM PARENTS DO TO HELP YOU THE MOST?** Pray for the school year and the children and staff at our school



# RA STAFF FAVORITE THINGS

**NAME:** Christina Harwell

**GRADE/POSITION:** Instructional Coach/Testing Coordinator

**LOCATION:** Lower School

**BIRTHDAY:** 1/3/1985

**SHIRT SIZE:** L

**ALLERGIES/DIETARY RESTRICTIONS:** gluten free

## YOUR FAVORITES:

**COLLEGE OR SPORTS TEAM:** UNC

**COLOR:** coral, or dusty pink

**SALTY SNACK:** Mrs. Vickie's chips, skinny pop

**FRUIT:** all!

**CANDY OR CANDY BAR:** dark chocolate, Hershey nuggets, Swedish fish

**GUM FLAVOR:** mint

**DRINK:** Poppi, ginger ale, sprite

**COFFEE HOUSE DRINK:** lavender latte, jumpiatto from jumping bean

**COOKIE:** anything gluten free

**DESSERT:** GF brownies

**TAKE OUT RESTAURANT:** Mythos, Luigi's, Phoenix Asian

**SIT DOWN RESTAURANT:** Rio Grande Oak Ridge, Village Tavern, Printworks

**BOOKSTORE:** Amazon

**FLOWER/PLANT:** any :) I love house plants and succulents

**SCENT:** clean, not chemical/artificial

**NAIL SALON:** LA Nails Summerfield, Super Nails at New Garden

**HOBBIES:** boating, traveling and being outdoors with family

**"NO THANK YOU'S":** candles

**GIFT CARD LOCATIONS:** amazon

**YOUR TOP CLASSROOM SUPPLY WISHES:** personal size laminator and sheets

**WHAT CAN YOUR CLASSROOM PARENTS DO TO HELP YOU THE MOST?** na



# RA STAFF FAVORITE THINGS

**NAME:** *Jaime Gaulden*

**GRADE/POSITION:** *Lower School Assistant Principal*

**LOCATION:** *Lower School*

**BIRTHDAY:** *2/8/1980*

**SHIRT SIZE:** *M*

**ALLERGIES/DIETARY RESTRICTIONS:** *Gluten*

## YOUR FAVORITES:

**COLLEGE OR SPORTS TEAM:** *Columbia*

**COLOR:** *Green*

**SALTY SNACK:** *utz chips- ruffled*

**FRUIT:** *banana, cuties, pineapple, Cosmic crisp apple*

**CANDY OR CANDY BAR:** *YUM Earth gummy snacks*

**GUM FLAVOR:** *sugarless peppermint or spearmint*

**DRINK:** *Fresca, Dr. Mt Dew, San Peligrino Grapefruit flavored sparkling water*

**COFFEE HOUSE DRINK:** *Starbucks Pumpkin Spice Latte (almond or oatmilk)*

**COOKIE:** *Gluten Free chocolate Chip*

**DESSERT:** *Maxie B's Gluten Free Pumpkin Chocolate Chip*

**TAKE OUT RESTAURANT:** *Hops, Monterray, Rio Grande, Mario's Pizza*

**SIT DOWN RESTAURANT:** *Lucky 32, Print Works*

**BOOKSTORE:** *Amazon*

**FLOWER/PLANT:** *Hydrangea*

**SCENT:** *sweet*

**NAIL SALON:** *LA Nails in Oak ridge*

**HOBBIES:** *movies, reading, shopping, wineries*

**"NO THANK YOU'S":** *candles, coffee mugs,*

**GIFT CARD LOCATIONS:** *Amazon*

**YOUR TOP CLASSROOM SUPPLY WISHES:** *n/a*

**WHAT CAN YOUR CLASSROOM PARENTS DO TO HELP YOU THE MOST?** *n/a*



# RA STAFF FAVORITE THINGS

**NAME:** Jennifer Bellamy

**GRADE/POSITION:** Office

**LOCATION:** Lower School

**BIRTHDAY:** 3/26/2024

**SHIRT SIZE:** L

**ALLERGIES/DIETARY RESTRICTIONS:** None

## YOUR FAVORITES:

**COLLEGE OR SPORTS TEAM:**

**COLOR:** Green, Pink, Blue, Orange

**SALTY SNACK:** Nuts, White Cheddar Popcorn

**FRUIT:** Cosmic Crisp or Jazz apples

**CANDY OR CANDY BAR:** Dark Choc Caramel; Unreal Dark Choc Coconut

**GUM FLAVOR:** Spearmint or Wintergreen sugarless

**DRINK:** Black or Green Tea, half sweet

**COFFEE HOUSE DRINK:** Mocha Frappuccino

**COOKIE:** Shortbread

**DESSERT:** Key Lime Pie

**TAKE OUT RESTAURANT:** Cava, Chick-Fil-A

**SIT DOWN RESTAURANT:** Rio Grande, Lucky 32

**BOOKSTORE:** Amazon

**FLOWER/PLANT:** All the flowers!

**SCENT:** vanilla

**NAIL SALON:** L A Nails Oak Ridge

**HOBBIES:** Tennis, Gardening

**"NO THANK YOU'S":** None

**GIFT CARD LOCATIONS:** Amazon, HomeGoods

**YOUR TOP CLASSROOM SUPPLY WISHES:** For the office: Kleenex, Disinfecting wipes

**WHAT CAN YOUR CLASSROOM PARENTS DO TO HELP YOU THE MOST?** Be a lunch parent for teachers



# RA STAFF FAVORITE THINGS

**NAME:** Robin Aust

**GRADE/POSITION:** Office Staff

**LOCATION:** Lower School

**BIRTHDAY:** 10/7/1979

**SHIRT SIZE:** XL

**ALLERGIES/DIETARY RESTRICTIONS:** None

## YOUR FAVORITES:

**COLLEGE OR SPORTS TEAM:** High Point University

**COLOR:** Kelly Green, pink

**SALTY SNACK:** Sour cream & onion chips, popcorn

**FRUIT:** Strawberry

**CANDY OR CANDY BAR:** Peanut M&M

**GUM FLAVOR:** Mint

**DRINK:** Diet Coke, Diet Mt. Dew

**COFFEE HOUSE DRINK:** Carmel Macchiato

**COOKIE:** Chocolate Chip

**DESSERT:** Any

**TAKE OUT RESTAURANT:** Chick-Fil-A

**SIT DOWN RESTAURANT:** Mexican

**BOOKSTORE:** Amazon

**FLOWER/PLANT:** Green plants, peony

**SCENT:** Lemon, Lime, Ocean, Sea Salt

**NAIL SALON:** Vinci High Point

**HOBBIES:** Soccer mom, dance mom

**"NO THANK YOU'S":** Non

**GIFT CARD LOCATIONS:** Amazon or Target

**YOUR TOP CLASSROOM SUPPLY WISHES:** Blue pens, post it notes and coffee!

**WHAT CAN YOUR CLASSROOM PARENTS DO TO HELP YOU THE MOST?** Be Kind and patient



# RA STAFF FAVORITE THINGS

**NAME:** Michele Harris

**GRADE/POSITION:** Principal

**LOCATION:** Both

**BIRTHDAY:** 3/13/1970

**SHIRT SIZE:** M

**ALLERGIES/DIETARY RESTRICTIONS:** caffeine and I try to eat

Gluten Free

## YOUR FAVORITES:

**COLLEGE OR SPORTS TEAM:** N/A

**COLOR:** Purple

**SALTY SNACK:** Quest Protein chips/ popcorn

**FRUIT:** Strawberries, Mango, Watermelon, Pineapple

**CANDY OR CANDY BAR:** Hershey Nugget Truffles, Hershey Nugget with Toffee, Dove Dark Chocolate

**GUM FLAVOR:** I do not chew gum

**DRINK:** Waterloo, Water with Lemon, Fresca

**COFFEE HOUSE DRINK:** Jumping Bean DECAF vanilla latte

**COOKIE:** Chocolate Chip

**DESSERT:** Maxie B's Lemon cake or Pumpkin Chocolate Chip

**TAKE OUT RESTAURANT:** Chick-Fil-A, Chipotle

**SIT DOWN RESTAURANT:** Cava, Rio Grande

**BOOKSTORE:** Amazon

**FLOWER/PLANT:** Tulips

**SCENT:** vanilla

**NAIL SALON:** Pink Nail Salon- Highwoods Blvd

**HOBBIES:** Reading, Camping

**"NO THANK YOU'S":** Starbucks, candles

**GIFT CARD LOCATIONS:** Amazon, Pink Nail Salon, Cava

**YOUR TOP CLASSROOM SUPPLY WISHES:** n/a

**WHAT CAN YOUR CLASSROOM PARENTS DO TO HELP YOU THE MOST?** n/a